

Community Mental Health Affiliates

Call the numbers below to schedule an intake.

125 Whiting Street
New Britain, CT 06051
860.223.2778

225 Bank Street
Waterbury, CT
203.596.9724

100 Commercial Boulevard
Torrington, CT 06790
860.482.8561

Website: cmhacc.org

United Services Inc.

Call 860.456.2261 for an intake

132 Mansfield Avenue
Willimantic, CT 06226

Website: unitedservicesct.org

NAMI

NAMI Connecticut provides support, education and advocacy for all Connecticut citizens affected by mental illness.

Visit the NAMI website to learn about free support groups and education for people living with various mental health conditions and their loved ones.

Website: namict.org

Need Immediate Support?

Mental health crisis intervention services are provided by teams of mental health workers who intervene in situations where an individual's mental or emotional condition constitutes an imminent danger to him or herself or to another. Mobile crisis teams visit people in their homes or community sites.

Dial 2-1-1 and ask for Emergency Mobile Psychiatric Services

If you or a loved one are not safe or considering suicide, call **9-1-1 immediately** or visit the nearest emergency room.

Wheeler Helpline

860.747.3434

HelpLine staff and volunteers will provide telephone support and crisis phone counseling, suicide intervention, and referrals to sources of help, 24/7.

Charis Website

This website provides information about professional counseling services, support groups and care offered from a Christian perspective. Visit the website to learn more.

Website: www.charisnetworkct.org

Adult Mental Health Providers



Central Connecticut

Outpatient Providers

The following organizations provide behavioral and mental health services for adults and children, including diagnostic evaluations, medication management, individual, group and family therapy, coordination of care and referrals.

Community Health Resources (CHR)

Call **1.877.884.3571** to schedule an intake.

444 Center Street
Manchester, CT 06040
860.646.3888

153 Hazard Avenue
Enfield, CT 06082
860.253.5020

693 Bloomfield Avenue,
Suite 101, Bloomfield, CT
860.243.6584

Website: chrhealth.org

Middlesex Hospital

Center for Behavioral Health

Call **1.860.358.8825** to schedule an intake.

Locations: Middletown and Old Saybrook

Website: middlesexhealth.org

UConn Health Center

Adult Psychiatric Outpatient Services

Call **860.679.6700** to schedule an intake.

10 Talcott Notch Road
Farmington, CT

Website: health.uconn.edu

Intercommunity

Call **860.569.5900** to schedule an intake.

Walk-in appointments are available:

Mondays - Wednesdays, 8:30am - 3:00pm
Tuesdays & Thursdays, 8:30am - 6:00pm
Fridays, 8:30am - 2:00pm

281 Main Street
East Hartford, CT 06118

Website: intercommunityct.org

Hartford Behavioral Health

Call **860.548.0101 ext.354** to schedule an intake.

Walk-in appointments are available:

Tuesdays & Wednesdays, 9:00 - 10:30am
2550 Main Street, Hartford, CT 06120

Wednesdays, 9:00 - 10:30am
1 Main Street, Hartford, CT 06106

Website: hbh1.org

Community Health Center Inc.

Call **860.347.6971** to schedule an intake.

675 Main Street
Middletown, CT 06457

Website: chd1.com

Wheeler Clinic

Call **888.793.3500** to schedule an intake.

225 North Main Street
Bristol, CT 06010

10 North Main Street
Bristol, CT 06010

43 Woodland Street
Hartford, CT 06105

91 Northwest Drive
Plainville, CT 06062

Walk-in appointments are available: Hartford,

New Britain and Plainville
Monday-Thursday 1-:00am-5:30pm
Friday 9:00am-3:30pm

Bristol
Monday-Friday 10:00am-2:00pm

Website: wheelerclinic.org

Christian Counseling Connection

Call **860.626.1112** to schedule an intake.

43 Daycoeton Place
Torrington, CT 06790

Website: christiancounselingconnection.org

United Community and Family Services

Call the numbers below to schedule an intake

351 North Frontage Rd, Suite
24, New London, CT 06320
860.442.4319

212 Upton Road, Suite C,
Colchester, CT 06415
860.537.7676

Website: www.ucfs.org

